<sup>1</sup>The Lord is my shepherd, I lack nothing. <sup>2</sup>He makes me lie down in green pastures, he leads me beside quiet waters, she refreshes my soul. He guides me along the right paths for his name's sake. 4Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. Psalm 23:1-4 (NIV)

<sup>5</sup>You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever. Psalm 23:5-6 (NIV)



Jesus **Replenishes** and **Empowers** us in the midst of our storms and battles.



### SUSTENANCE IN THE STORM



# Jesus Calls A Ceasefire In Order For Us To Replenish And Reload

You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.

Psalm 23:5 (NIV)



#### The Oil Of The Lord

In Biblical times oil was used for:

- Cooking
- Medicine
- Lamps
- Ordination



#### The Oil Of The Lord

- Renews Our Strength: Oil for our Nourishment
- Heals our Wounds: Oil for our Healing
- Clears our Vision: Oil for our Lamps
- Empowers us for the Task at Hand:
   Oil for our Heads



Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

Psalm 23:6 (NIV)



"Will Follow": to follow in or as if in pursuit, to chase



## Goodness and Love will Chase Us Down For the Rest of Our Lives

Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

Psalm 23:6 (NIV)

