

learning
how to receive
God's love

God is referred to by name six times and by personal pronoun, thirty times. The psalmist refers to himself fifty times. It is a song of profound spiritual experience. All such experience is, by its nature, personal and intimate -- the engagement of a soul with God.

- John Phillips Commentary: Exploring Psalms

Each heart knows its own bitterness, and no one
else can share its joy.

Proverbs 14:10 (NIV)

P R A I S E



¹³For you created my inmost being; you knit me together in my mother's womb. ¹⁴I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. ¹⁵My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth.

Psalms 139:13-22 (NIV)

¹⁶Your eyes saw my unformed body; all the days
ordained for me were written in your book before
one of them came to be. ¹⁷How precious to me are
your thoughts, God! How vast is the sum of them!
¹⁸Were I to count them, they would outnumber the
grains of sand—when I awake, I am still with you.
Psalm 139:13-22 (NIV)

¹⁹If only you, God, would slay the wicked! Away from me, you who are bloodthirsty! ²⁰They speak of you with evil intent; your adversaries misuse your name. ²¹Do I not hate those who hate you, Lord, and abhor those who are in rebellion against you? ²²I have nothing but hatred for them; I count them my enemies.

Psalms 139:13-22 (NIV)

Praise God for Creating You!

I praise You because I am fearfully and
wonderfully made; your works are wonderful, I
know that full well.

Psalms 139:14 (NIV)

Praise God for Creating You!

4 Principles of the Origin of Evil:

1.) God Cannot Produce Sin: a flawless being cannot act in any way that is flawed

2.) God Cannot Promote Sin: God cannot encourage sin; He is holy and cannot endorse sin in any way

Praise God for Creating You!

4 Principles of the Origin of Evil:

3.) God Can Permit Sin: By allowing sin to occur, He allows us freedom to love, worship, serve Him, and others.

4.) God Can Produce a Greater Good By Allowing Sin: He is able to work all things for our good and His glory!

Praise God for His Plans

Your eyes saw my unformed body; **all the days ordained for me were written in your book before one of them came to be.** How precious to me are your thoughts, God! How vast is the sum of them!

Psalms 139:16-17 (NIV)



Pray Against Evil

If only you, God, would slay the wicked! Away from me, you who are bloodthirsty! They speak of you with evil intent; your adversaries misuse your name.

Psalms 139:19-20 (NIV)

Pray Against Evil

But if I go to the east, He is not there; if I go to the west, I do not find Him. When He is at work in the north, I do not see Him; when He turns to the south, I catch no glimpse of Him. But He knows the way that I take; when He has tested me, I will come forth as gold.

Job 23:8-10 (NIV)