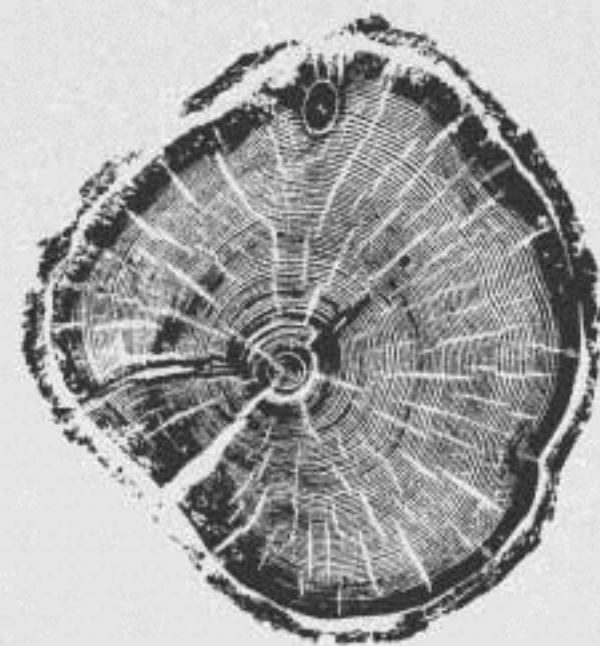


privately healthy



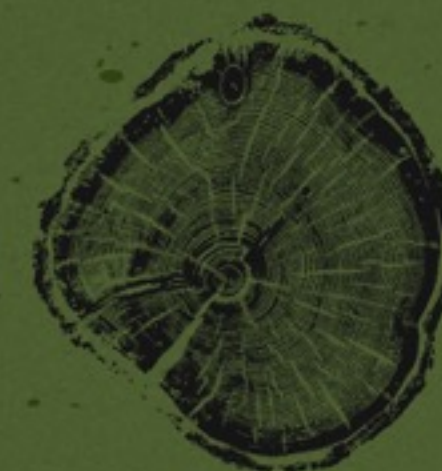
LIKE A TREE

PSALM 1

publicly fruitful

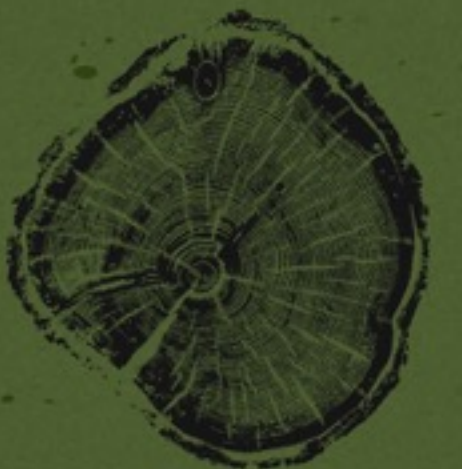
privately healthy

LIKE A TREE



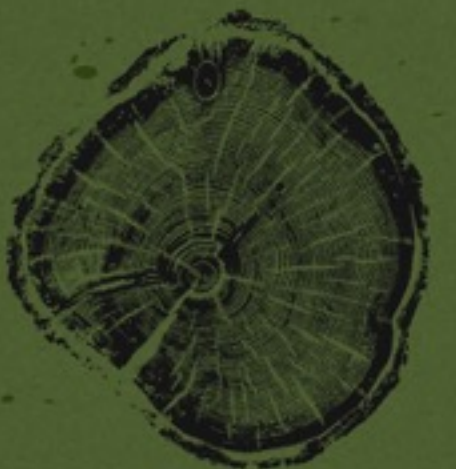
¹Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; ²but his delight is in the law of the Lord, and on his law he meditates day and night. ³**He is like a tree** planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.

Psalms 1:1-6 (ESV)



⁴The wicked are not so, but are like chaff that the wind drives away. ⁵Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous; ⁶for the Lord knows the way of the righteous, but the way of the wicked will perish.

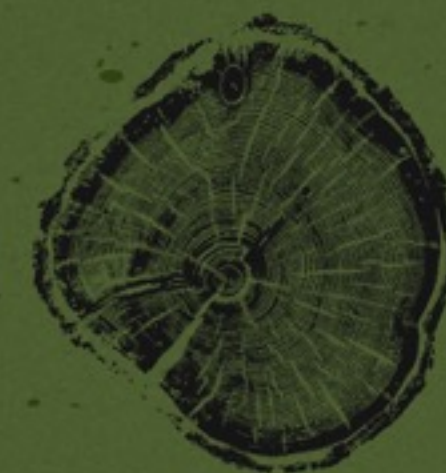
Psalms 1:1-6 (ESV)

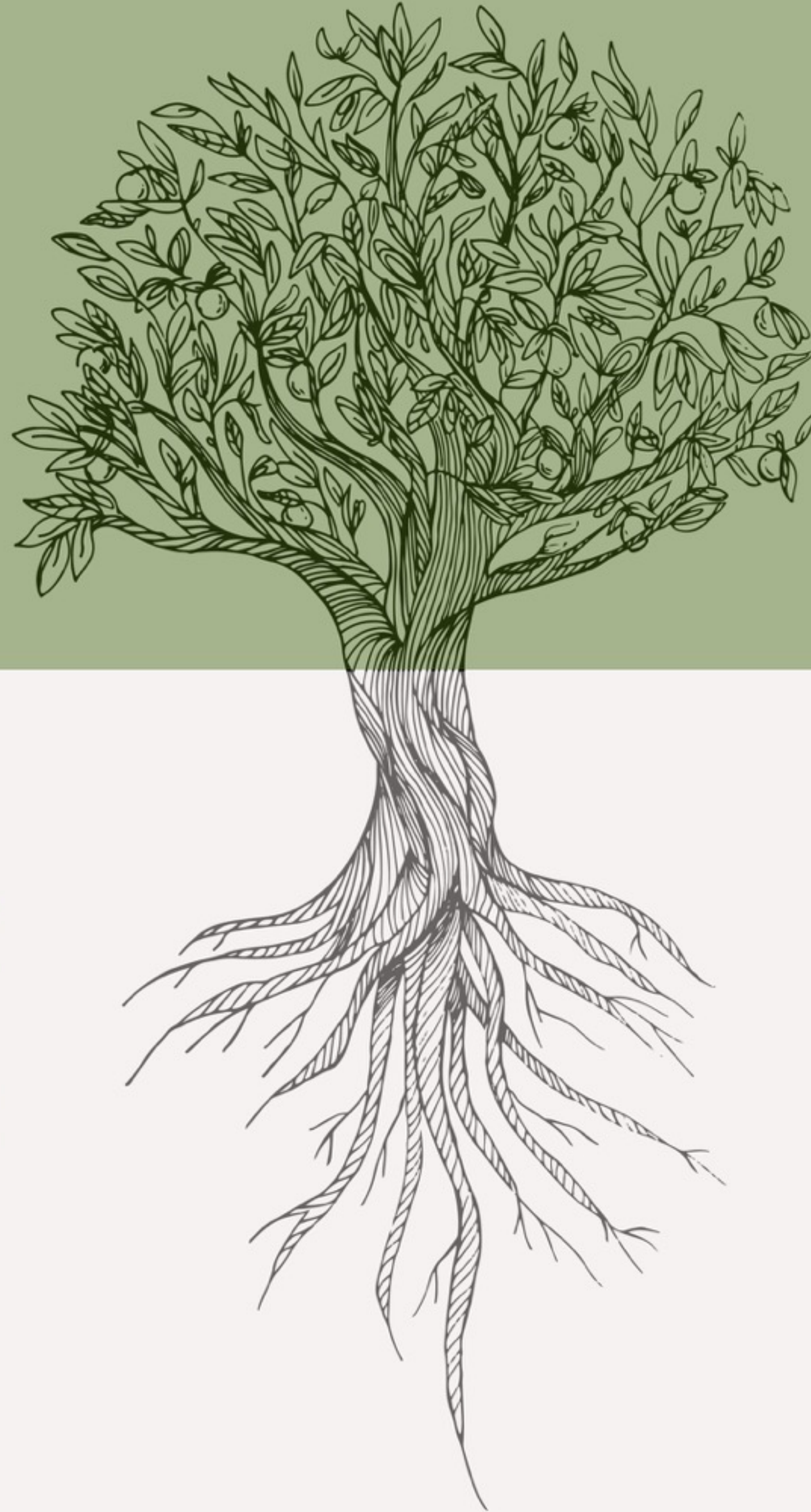


The Key Conclusion of Psalm 1:

When you plant your life in God, you end up with way more than you deserve.

When you live without God, you end up with way less than you imagined.





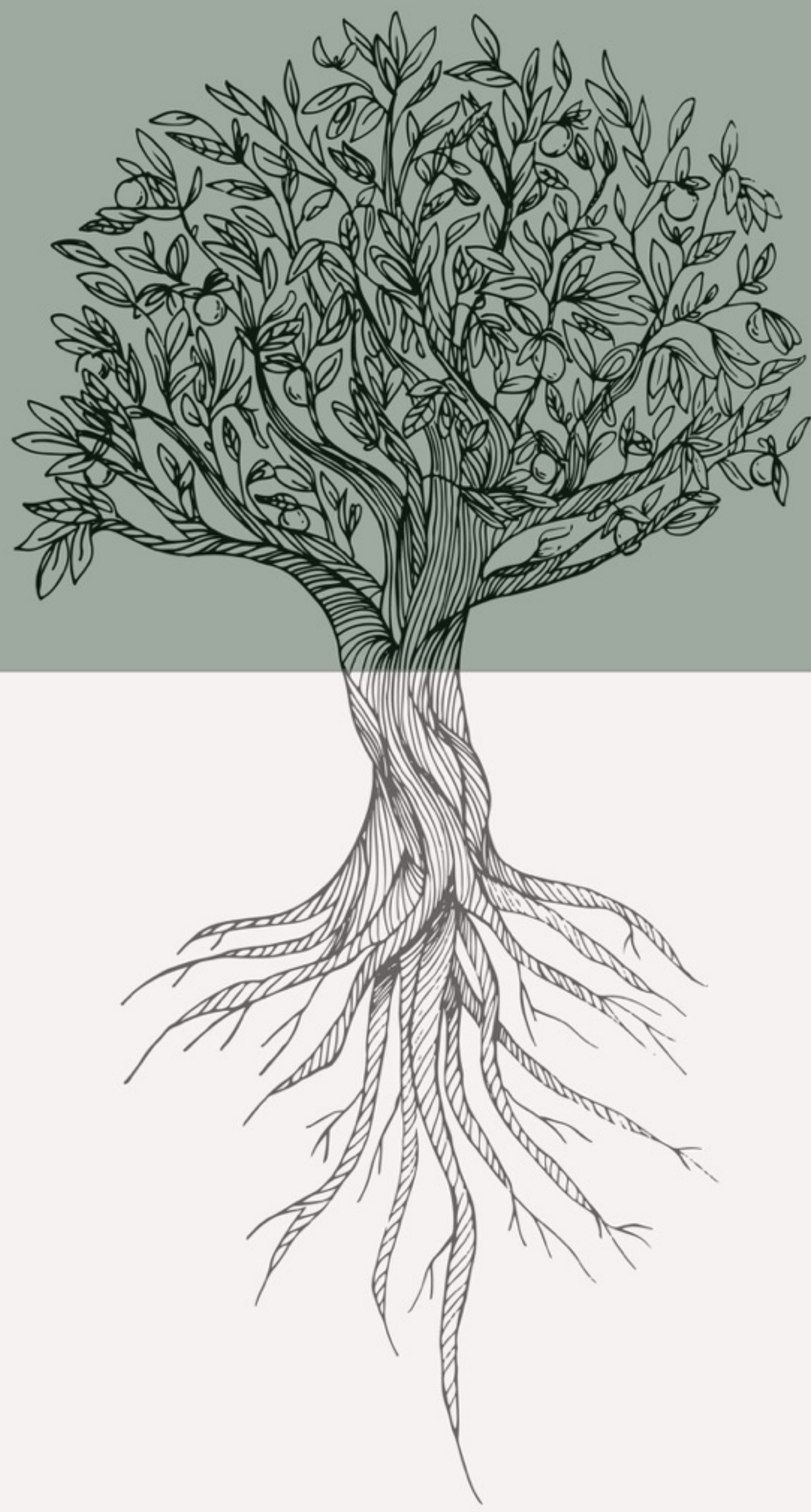
Public Life

Your relationship with
God that everyone sees

Private Life

Your relationship with
God that no one sees

privately healthy

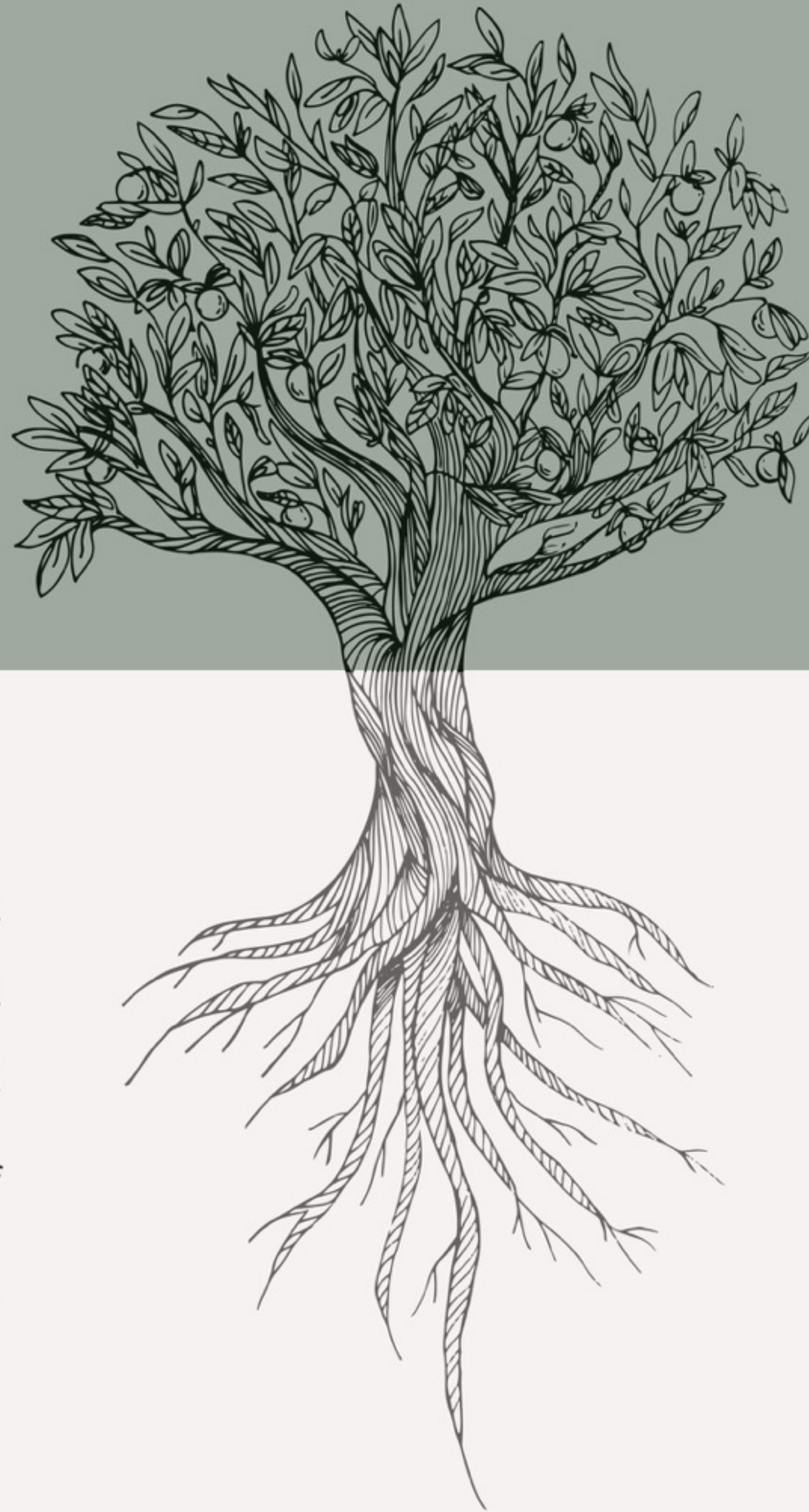


publicly fruitful

Public Life Speaks
to Your Fruit System

Private Life Speaks
to Your Root System





Your Fruit System is the Realm of Service

Bearing fruit in season whose
leaf does not wither...

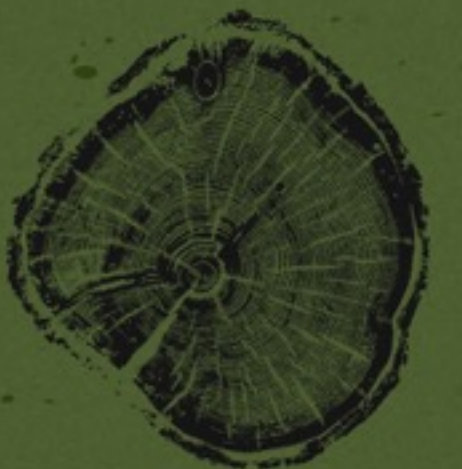
Your Root System is the Realm of Meditation

His delight is in the law of
the Lord, and on His law he
meditates day and night...

Your Root System is the Realm of Meditation

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; **but his delight is in the law of the LORD, and on his law he meditates day and night. He is like a tree** planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.

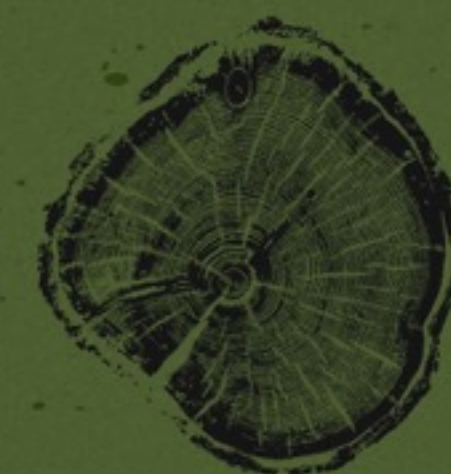
Psalms 1:1-3 (ESV)



privately healthy

Your Root System is the Realm of Meditation

The Realm of Meditation is the Realm of Rejection
and Delight!



Your Root System is the Realm of Meditation

Our present Western world has grown more and more passive. We have developed a TV-obsessed, entertainment-prone, and spectator-minded generation which seems to be content to watch life rather than to live it. By contrast, the Hebrews were largely an energetic, robust, and, at times, even turbulent people... for them, truth was not so much an idea to be contemplated as an experience to be lived, a deed to be done." - Marvin Wilson, "Our Father Abraham"



The Realm of Meditation is Where We Establish Our Fellowship with God

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the LORD, and on his law he meditates day and night. **He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.**

Psalms 1:1-3 (ESV)

