



### Stay Sharp

"If the ax is dull and its edge unsharpened, more strength is needed, but skill will bring success.

Ecclesiastes 10:10 (NIV)

<sup>7</sup>...Train yourself to be godly. <sup>8</sup>Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come.

1 Timothy 4:7-8 (NLT)

"Life is like a 10-speed bike. Most of us have gears we never use." - Charles Shultz

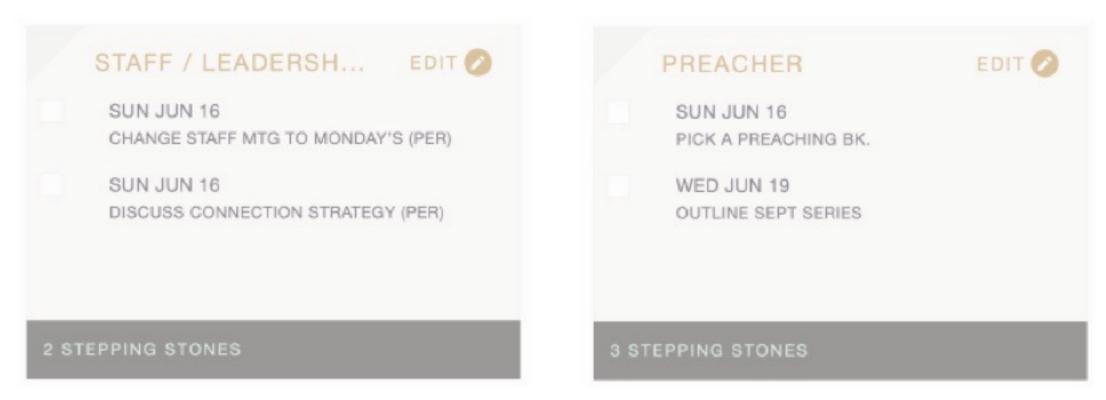
"Change doesn't always have to be drastic to be effective, but change is necessary to reach your capacity . . . every little bit of positive change helps."

- John Maxwell

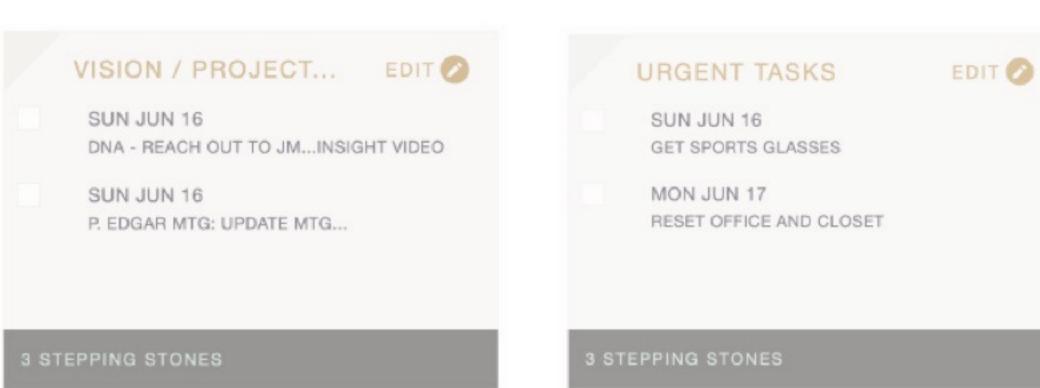
### Sharpening doesn't take long if it's done consistently.

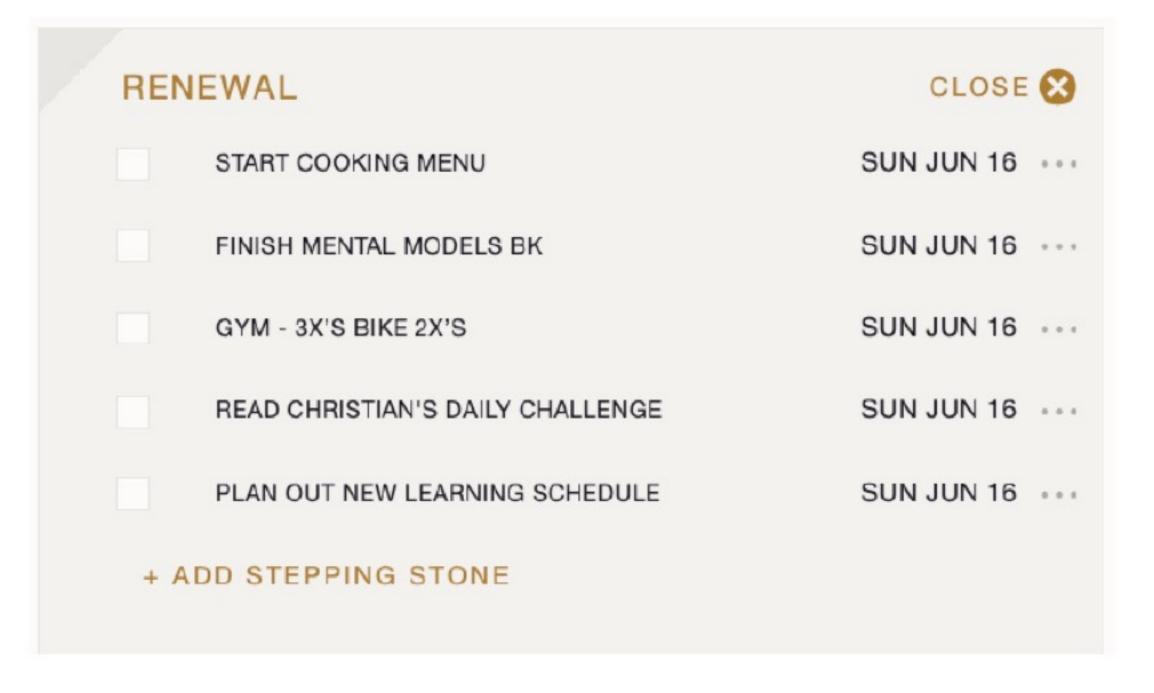
# Mission Statement I AM A SERVANT 1PET 4:10 I WILL SERVE GOD IN SUCH A WAY THAT HE WILL GET THE MOST GLORY FROM MY LIFE. I WILL SERVE MY FAMILY SO THAT THEY WILL TRULY BELIEVE IN THE GOODNESS OF GOD. I WILL DEVOTE MY LIFE TO SERVING OTHERS INTO GREATNESS. Week Of: Sun Jun 16 - Sat Jun 22

+ ADD STEWARDSHIP



STEPPING STONES: ALL Y









## Stay Sharp Physically

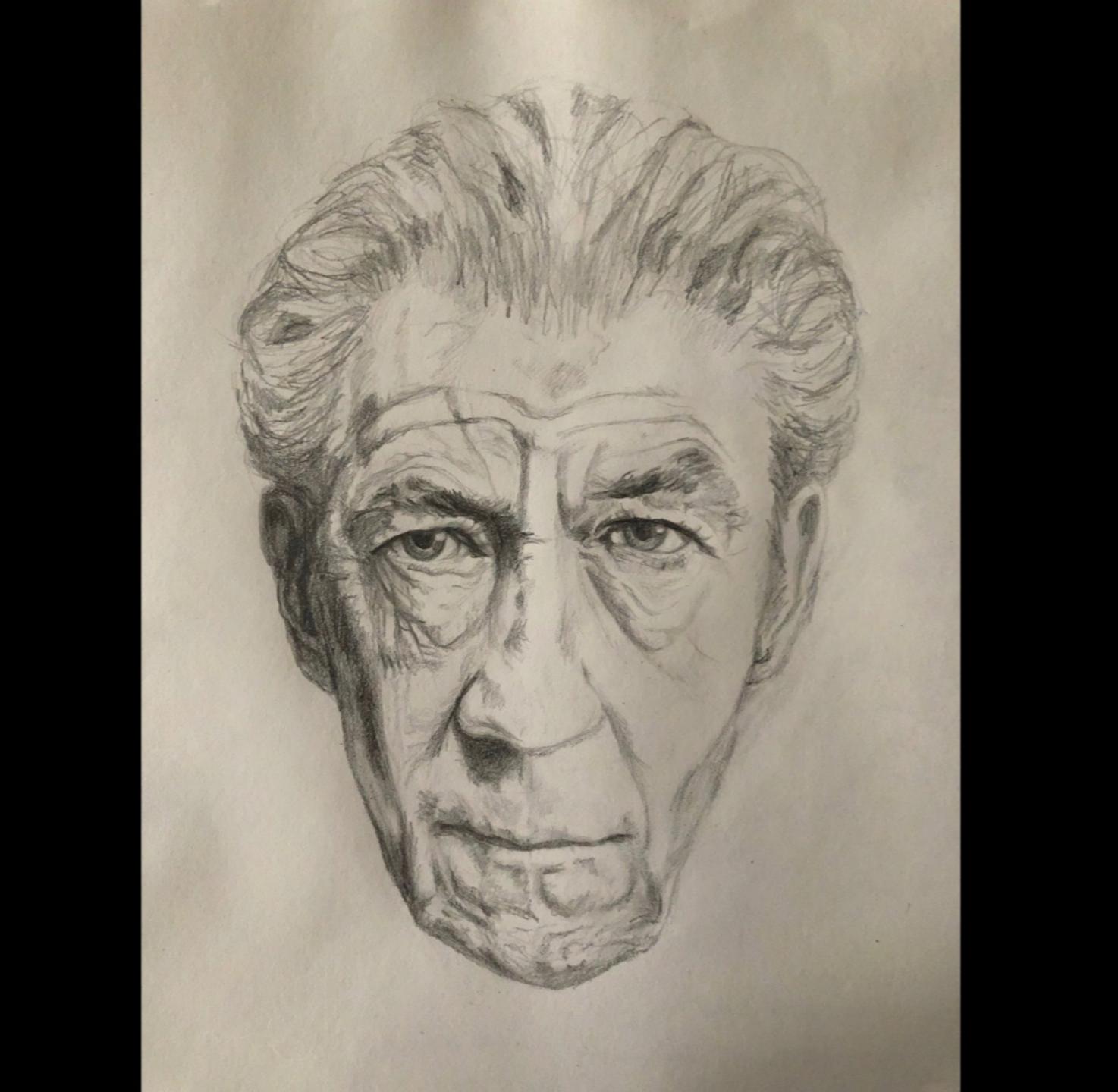


# Stay Sharp Mentally

### Stay Sharp Mentally

"The illiterate of the 21st century will not be those who cannot read and write, but those who cannot learn, unlearn, and relearn."

- Alvin Toffler





### Stay Sharp Emotionally

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Emotional Sharpness means that we are growing in our ability to deeply connect with people in our relationships, and that we are addressing the issues that make us shut down.

#### Stay Sharp Emotionally

- "Emotional health and spiritual maturity are inseparable."
- Peter Scazzero

## Stay Sharp Spiritually

### Stay Sharp Spiritually

"...**Train yourself to be godly**. Physical training is good, but **training for godliness is much better**, promising benefits in this life and in the life to come.

1 Timothy 4:7-8 (NLT)

For this reason I remind you to **fan into flame the gift of God**, which is in you through the laying on of my hands. For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

2 Timothy 1:6-7 (NIV)

#### Stay Sharp Spiritually

"I have always observed that the light readers and light thinkers make light Christians, and those who neglect their Bibles and their closets soon dwindle like dwarfs. Having no depth of root, their religion withers away." - Theodore Cuyler

