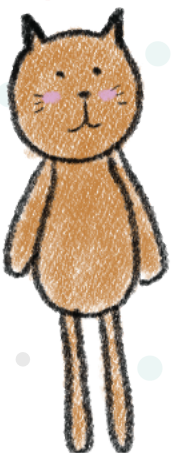
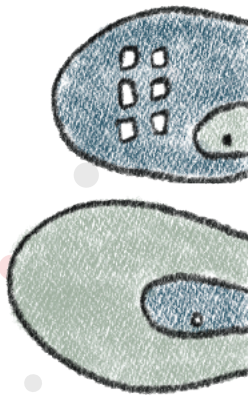
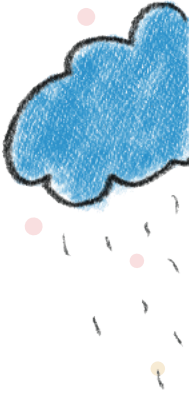


# DAILY SCHEDULE

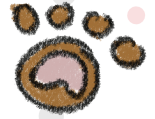
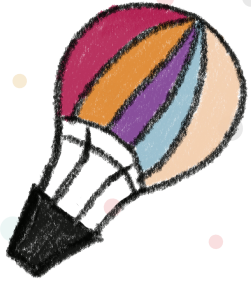
## Early Childhood

TIME	ACTIVITY
before 8	Wake up
8:00	Breakfast & Family Devotion
8:45	Clean Up
9:00	Learning Time
9:30	Free Play 
10:00	Snack
10:30	Learning Time
11:00	Creative Time
11:30	Lunch
12:00	Clean Up
12:15	Outdoor Play 
1:00	Quiet Time
2:00	STEM
2:30	Brain Break
3:00	Physical Fitness
3:30	Life Skill
4:00	Educational/Faith-Based Show
5:00	Dinner 
5:30	Clean Up
6:00	Family Time
7:00	Nightly Routine



# DAILY SCHEDULE

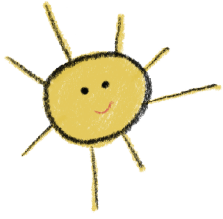
## Elementary



TIME	ACTIVITY
before 8	Wake up 
8:00	Breakfast & Family Devotion
8:30	Clean Up
9:00	Learning Time
10:00	Snack 
11:00	Creative Time
11:30	Lunch
12:00	Clean Up
12:15	Outdoor Play
1:00	Quiet Time
2:00	STEM
2:30	Brain Break
3:00	Physical Fitness
3:30	Life Skill
4:00	Educational/Faith-Based Show
5:00	Dinner 
5:30	Clean Up
6:00	Family Time
7:00	Nightly Routine 



# HELPFUL TIPS



## FAMILY DEVOTION

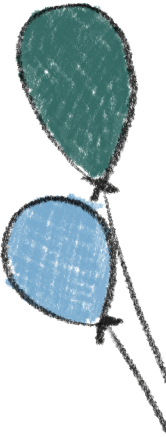
- read a story from the Bible and discuss with family
- read a family devotional
- watch a worship & lesson video from the Next Generation web page
- take turns praying

## OUTDOOR PLAY

- backyard
- nature walk
- relay race
- bikes/scooters

## PHYSICAL FITNESS

- structured game outside
- walk/jog
- YouTube kid-friendly workout video
- obstacle course



## QUIET TIME



- nap
- silent reading
- quiet play
- drawing

## LEARNING TIME

### Math

- Khan Academy
- toy math (use toys such as Legos or blocks to add, subtract, multiply or divide)

### Language Arts

- handwriting
- creative writing

### Grammar

### Social Studies

- watch a live stream of a zoo
- teach about presidential election



## LIFE SKILL

teach your kid how to:

- do dishes
- do laundry
- cook
- write a letter
- answer the phone
- take a message
- store leftovers
- take care of pets
- make their bed
- clean
- organize

## READING

- listen to an audio book
- read out loud
- silent read
- self-read out loud
- older kiddos can take notes, highlight big words, draw what they think a character looks like



## BRAIN BREAK

- pass a paper ball & count the passes
- Go Noodle
- stretch
- freeze dance

## STEM

(science, technology, engineering and mathematics)

- make paper airplane
- magnetic tiles
- build 3D shapes with toothpicks & play-dough
- build a fort

## LUNCH

- set the table
- help food prep
- take out ingredients
- cut food

## CREATIVE TIME

- self-portraits
- mural
- dry erase markers on the windows
- explore mixed media and how they draw differently (crayons, colored pencils, markers, paint etc.)
- nature paintbrushes (use sticks, leaves, stems to paint)
- magazine collage
- make a bookmark

