

Week 1

ARE YOU ON TOP OF YOUR THOUGHTS?

As believers, we have to be ready to deal with the stresses, rigors and hardships of these days we find ourselves in. We have to be battle ready—always on our guard against the enemy of our souls. Over these next few weeks we will be asking ourselves five foundational questions to discern our battle readiness.

This week we unpacked the question “Are you on top of your thoughts?” We discussed four categories from Philippians 4:8-9 that we should be focusing our thoughts on. This framework is what will lead and guide us as we daily choose to align our minds with Christ. We take control of our thoughts by focusing on our faith and the word of God, by aligning our motives with what pleases God, by structuring our moral compass to point to Jesus, and by pursuing what brings glory and honor to the Lord.

When we are on top of our thoughts and we have them in the proper order, then we will experience the peace of God like never before!

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KEY

WE ARE CALLED TO STAY ON TOP OF OUR THOUGHTS SO THAT WE CAN CLEARLY HEAR FROM GOD AND EXPERIENCE THE PEACE FROM GOD.



TRUTH



Take this key truth from Sunday's message and memorize it. Use it as a weapon to combat lies, and to remind yourself of the power of Christ in you!

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THE WORD

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable— if anything is excellent or praiseworthy—**think about such things.** Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

PHILIPPIANS 4:8-9

Ephesians 6 calls the Bible the “Sword of the Spirit”. The Word is a powerful weapon! Read these verses and use them to combat lies from the enemy!

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WORSHIP

Worship plays a powerful role in our defense. It centers our hearts on truth and our minds on Christ! Today, sing through the battle! Jesus as already won!

“You Keep on Getting Better”

Maverick City Music

“Promises”

Maverick City Music

“No One But You”

Hillsong Worship

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