

Summer  
Series  
2020

WHAT'S  
YOUR  
vibe?

As water reflects the face,  
so one's life reflects the  
heart. Proverbs 27:19

# Vibe

noun

*vīb / plural vibes*

A person's emotional state as communicated to others; the atmosphere created by the disposition of our being.

A practical description of a deeply spiritual reality.

# But the Fruit of the Spirit is . . .

1: Love, Joy, Peace:

Fruit For Our Hearts

2: Patience, Kindness, Goodness:

Fruit for Our Relationships

3: Faithfulness, Gentleness, Self-Control:

Fruit For Our Battles

**Galatians 5:22-23 (NIV)**

WHAT'S YOUR  
**vibe**?



# The Vibe of Kindness

2020

As water reflects the face,  
so one's life reflects the  
heart. Proverbs 27:19

# Kindness

To deliberately do good to others and to purposely try to produce an increase in someone else's life. Its opposite is jealousy or envy.

# Kindness

**I want to make life better for others  
because God has made life better  
for me.**

<sup>1</sup>David asked, “Is there anyone still left of the house of Saul to whom I can show kindness for Jonathan’s sake?” <sup>2</sup>Now there was a servant of Saul’s household named Ziba. They summoned him to appear before David, and the king said to him, “Are you Ziba?” “At your service,” he replied. <sup>3</sup>*The king asked, “Is there no one still alive from the house of Saul to whom I can show God’s kindness?”*

**Ziba answered the king, “There is still a son of Jonathan; he is lame in both feet.”**

**<sup>4</sup>“Where is he?” the king asked. Ziba answered, “He is at the house of Makir son of Ammiel in Lo Debar.” <sup>5</sup>So King David had him brought from Lo Debar, from the house of Makir son of Ammiel. <sup>6</sup>When Mephibosheth son of Jonathan, the son of Saul, came to David, he bowed down to pay him honor.**



**David said, “Mephibosheth!” “At your service,” he replied. <sup>7</sup>“Don’t be afraid,” David said to him, “for I will surely show you kindness for the sake of your father Jonathan. I will restore to you all the land that belonged to your grandfather Saul, and you will always eat at my table.”**

**<sup>8</sup>Mephibosheth bowed down and said, “What is your servant, that you should notice a dead dog like me?”**

**<sup>9</sup>Then the king summoned Ziba, Saul's steward, and said to him, "I have given your master's grandson everything that belonged to Saul and his family. <sup>10</sup>You and your sons and your servants are to farm the land for him and bring in the crops, so that your master's grandson may be provided for. And Mephibosheth, grandson of your master, will always eat at my table." (Now Ziba had fifteen sons and twenty servants.)**

**<sup>11</sup>Then Ziba said to the king, “Your servant will do whatever my lord the king commands his servant to do.” So Mephibosheth ate at David’s table like one of the king’s sons.**

**<sup>12</sup>Mephibosheth had a young son named Mika, and all the members of Ziba’s household were servants of Mephibosheth.**

**<sup>13</sup>And Mephibosheth lived in Jerusalem, because he always ate at the king’s table; he was lame in both feet.**

**2 Samuel 9:1-13 (NIV)**

**Kindness  
Begins With  
Revelation**

**Patience gives  
us perspective**

**Kindness gives  
us revelation**

**4 Don't you realize that it is God's kindness that is trying to lead you to him and change the way you think and act?**

**Romans 2:4 (GWT)**

## Rochester, NY:

*The “Kindest City in America”  
Reader’s Digest, 1994*



- In 1829, Rochester, NY (due to the opening of the Erie Canal), was one of the most affluent and prosperous cities in America.
- Charles Finney visited to preach, and stayed a month for a revival that broke out, preaching every night.
- “Having converted the affluent, Finney’s final step was to get them to direct their energy and wealth into beneficial philanthropies.”
- Over 160 years later, the effects of that revival and God’s kindness was still felt in the city.

**Kindness Is  
Expressed**



SCIENTIFIC  
AMERICAN™

BEHAVIOR & SOCIETY

## Kindness Contagion

Witnessing kindness inspires kindness, causing it to spread like a virus

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**“Kindness is contagious . . . kindness evolves as it diffuses, ‘infecting’ behaviors through which new individual can express it . . . When people learn that others act kindly, they might come to value kindness more themselves.”**

*Jamil Zaki – July, 2016*



# LOVE & SERVE

CHICAGO

**Kindness  
Makes Life  
About Others**