

Summer
Series
2020

WHAT'S YOUR **vibe**?

As water reflects the face,
so one's life reflects the
heart. Proverbs 27:19

Vibe

noun

vīb / plural vibes

A person's emotional state as communicated to others; the atmosphere created by the disposition of our being.

A practical description of a deeply spiritual reality.

But the Fruit of the Spirit is . . .

1: Love, Joy, Peace:

Fruit For Our Hearts

2: Patience, Kindness, Goodness:

Fruit for Our Relationships

3: Faithfulness, Gentleness, Self-Control:

Fruit For Our Battles

Galatians 5:22-23 (NIV)



The Vibe of Self-Control

Fruit For Our Battles

Faithfulness: The Loyalty Vibe

Gentleness: The Attitude Vibe

Self-Control: The Dependence Vibe

Self-Control

The Spirit-empowered process of learning how to master our impulses, passions, and appetites. Its opposite is self-indulgence and noncompliance.

¹¹For the grace of God has appeared that offers salvation to all people. ¹²It *teaches* us to say “No” to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age, ¹³while we wait for the blessed hope—the appearing of the glory of our great God and Savior, Jesus Christ.

Titus 2:11-13 (NIV)

The Vibe of Self-Control

The Lord is checking my ego and I'm
dependent on His grace.

Without Self-Control, We Become:

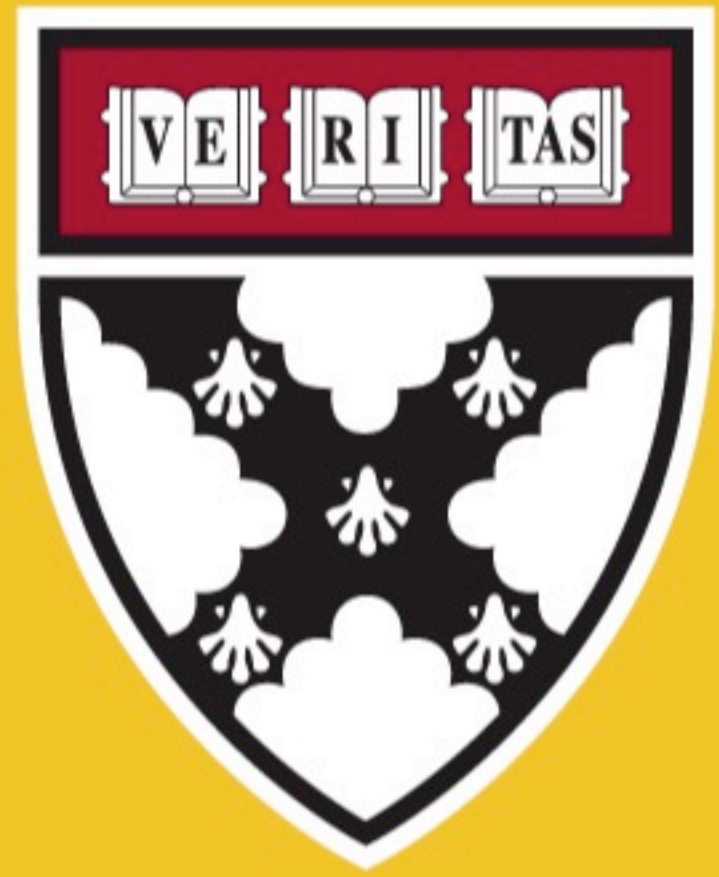
- 1. Vulnerable:** Like a city whose walls are broken through is a person who lacks self-control. - *Proverbs 25:28*
- 2. Gullible:** A person's own folly leads to their ruin, yet their heart rages against the LORD. - *Proverbs 19:3 (NIV)*
- 3. Temporal:** The prudent see danger and take refuge, but the simple keep going and pay the penalty. - *Proverbs 27:12 (NIV)*



The Spirit
Teaches Us to
Discern Between
Self & Spirit

Without Self Awareness, We Develop An:

- 1. Inflated View of Self**
- 2. Inflated View of Others**
- 3. Inflated View of Stuff**
- 4. Inflated View of Calling**



Harvard Business Review

*What Self-Awareness Really Is
(and How to Cultivate It)*

Tasha Eurich, January 4, 2018

“When we see ourselves clearly, we are more confident and more creative. We make sounder decisions, build stronger relationships, and communicate more effectively. We’re less likely to lie, cheat, and steal...”

“Even though most people *believe* they are self-aware, only 10-15% of the people we studied actually fit the criteria.”

Samuel Andrews

*John D. Rockefeller's
Business Partner*



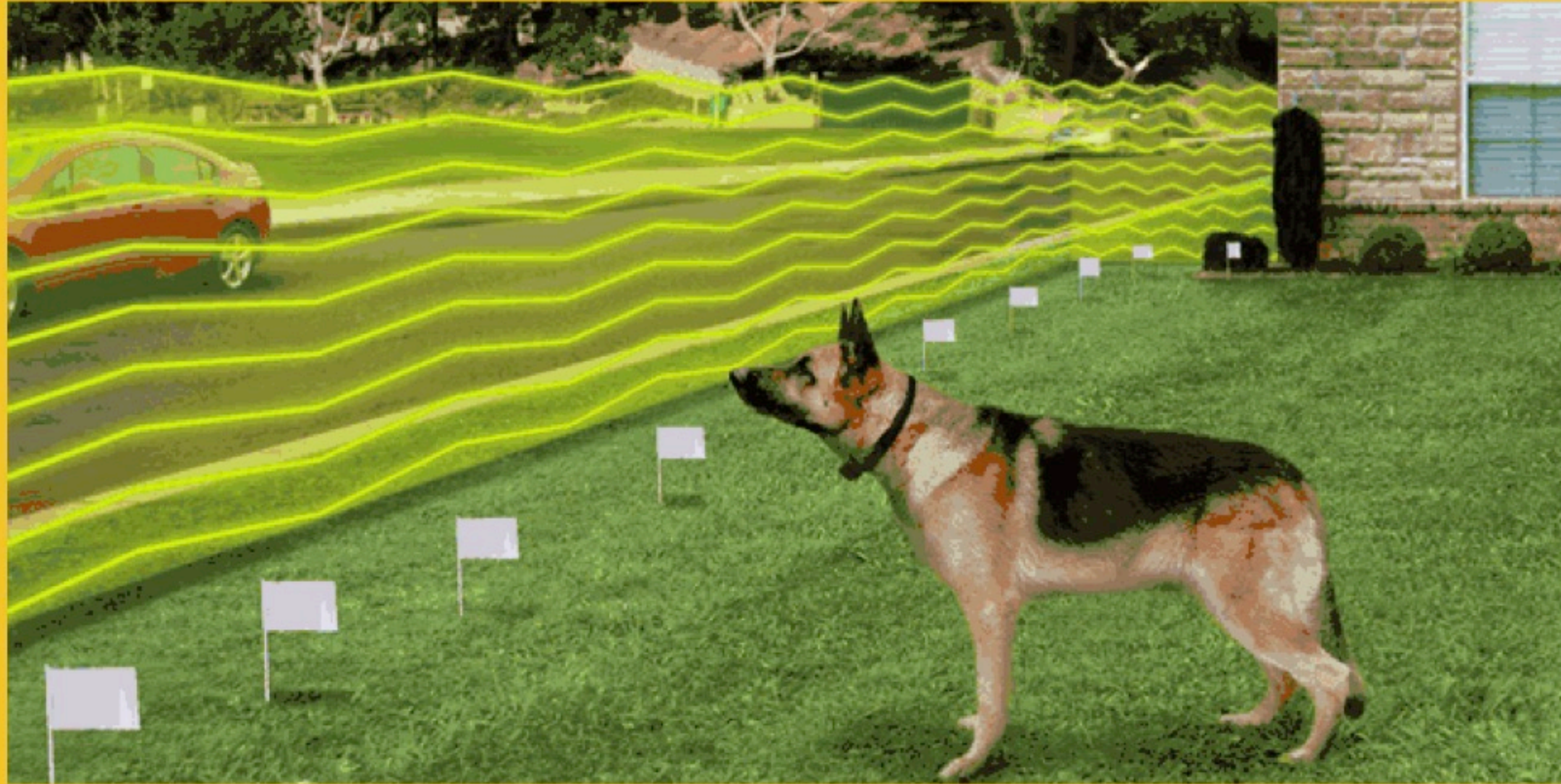
In one of the biggest business blunders in history, John D. Rockefeller's business partner lost out on \$900 million.

In 1878, Rockefeller and Andrews controlled Cleveland's largest oil refinery, and Standard Oil Company's empire was quickly rising.

Andrews, feeling slighted, decided to sell his stake in the company for \$1 million, despite Rockefeller's pleas not to. His stock would have been worth \$900 million by 1930.

"He had too much conceit, too much bull-headed obstinacy and so little self-control. He was his own worst enemy," said Rockefeller.

**The Spirit
Teaches Us to
Depend on Grace**



¹³ For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.
Romans 8:13 (NIV)

“Every unmortified sin will certainly do two things: 1.) It will weaken the soul, and deprive it of its vigour. 2.) It will darken the soul, and deprive it of its comfort and peace. . . be killing sin or it will be killing you.”

John Owen

“It is easier for us to get to know God than to know our own soul God is nearer to us than our soul, for He is the ground in which it stands . . . so if we want to know our own soul, and enjoy its fellowship, it is necessary to seek it in our Lord God.”

Julian of Norwich