

**BE LIKE
JESUS**



BLU

**Happy Are
The Sad**

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**Happy are those who mourn; God will
comfort them!**

Matthew 5:4 (GNT)

B/LJ

**Blessed are those who mourn, for they
will be comforted.**

Matthew 5:4 (NIV)

Mourn: the activity of lamenting the loss of a loved one or grieving over one's sin. To have feelings of distress or remorse for hurting someone or grieving God.

Comfort: to provide solace and help with great strength.

BLU

**Sadness With God
Settles Your Pain**

³ Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, ⁴who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

2 Corinthians 1:3-4 (NIV)

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Jesus' Therapeutic Strategy:

- 1. Get it into His presence**
- 2. Get it under His blood**

“God’s people live on promises and not explanations...God was in the same place that He was when His own son died (when you experienced your trauma) – on the throne of heaven, and that’s where He is now. Let’s trust Him.”

Warren Wiersbe

“It means that I trust in God’s justice and I release bitterness and anger and a desire for personal vengeance. It does not mean that I minimize or mitigate or excuse what he has done. It does not mean that I pursue justice on earth any less zealously. It simply means that I release personal vengeance against him, and I trust God’s justice, whether he chooses to mete that out purely eternally, or both in heaven and on earth.”

Rachel Denhollander, when asked what it meant to forgive her abuser, Larry Nasser

WORLD

VERTICAL PRAYER LIFE

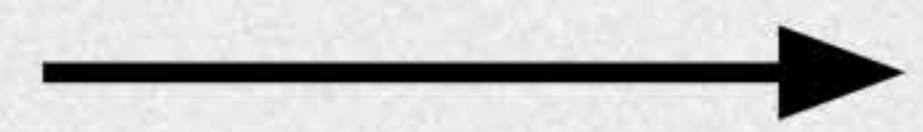
ALLOWS GOD TO SETTLE AND GUIDE US THROUGH

TRUST

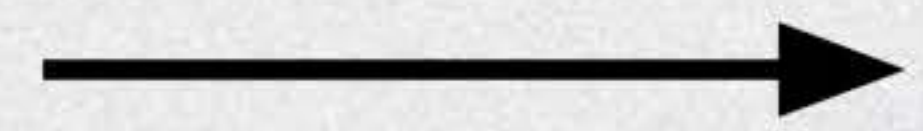
COMFORT



ARGUMENTS



DEMANDS



HORIZONTAL PRAYER LIFE

DEMANDS EARTHLY JUSTICE & RETRIBUTION

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**Sadness With God
Settles Your Sin**

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**“The closer the Christian lives to God,
the more he will mourn over all that
dishonors him.”**

A.W. Pink

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Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.

2 Corinthians 7:10 (NIV)

Dorian Gray's Deal With the Devil

“If it were only the other way! If it were I who was to be always young, and the picture that was to grow old! For that — for that — I would give everything! Yes, there is nothing in the whole world I would not give! I would give my soul for that!”

Dorian Gray's Conclusion

“Pray, Dorian, pray,” he murmured. “What is it that one was taught to say in one’s boyhood? ‘Lead us not into temptation. Forgive us our sins. Wash away our iniquities.’ Let us say that together. The prayer of your pride has been answered. The prayer of your repentance will be answered also . . . Isn’t there a verse somewhere, ‘Though your sins be as scarlet; yet I will make them as white as snow’?”

“Those words mean nothing to me now.”