

LEARN LIVE GIVE

Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert.

Isaiah 43:19 (ESV)

²² Do not merely listen to the word, and so deceive yourselves. Do what it says. ²³ Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror ²⁴ and, after looking at himself, goes away and immediately forgets what he looks like.

James 1:22-25 (NIV)

²⁵ But whoever looks intently into the perfect law that gives freedom, and continues in it---not forgetting what they have heard, but doing it---they will be blessed in what they do.

James 1:22-25 (NIV)

LIVE PART 2:

VALUE

THE NEW

The Biblical Process of Change

1. Teaching (Learn)

THIS IS WHERE WE START LIVING ————— *THIS IS WHERE WE START LIVING*

2. Conviction (Live: New Awareness)

3. Correction (Live: New Practice)

4. Disciplined Training (Live: New Practice)

Adapted from Jay Adams

**A New
Awareness**

**Personal Change Requires
A Mirror and A Filter**



Why Are Gyms Full of Mirrors?

1. Mirrors help you improve your form.
2. Mirrors can lower your risk of injury.

- *Psychology Today*

**Deception is a scary thing. Why? Because it is deceptive!
A person who is deceived believes with all his heart that
he is right when, in reality, he is wrong.**

John Bevere

**Thoughts Have to be Filtered In Order
for Us to Become Healthy and Whole**



A New Practice

“Making a choice that is 1% better or 1% worse is insignificant in the moment. But over the span of moments that make up a lifetime, these choices determine the difference between who you are and who you could be If you want to predict where you’ll end up in life, all you have to do is follow the curve of tiny gains or tiny losses and see how your daily choices will compound 10 or 20 years down the line.”

James Clear, Atomic Habits

Developing A New Skill:
The Power of 20 Minutes

Developing New Spiritual, Emotional,
and Social Abilities:
The Power of 20 Moments







