

KEEP US IN STEP

¹⁶So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves. ¹⁷The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions. ¹⁸But when you are directed by the Spirit, you are not under obligation to the law of Moses.

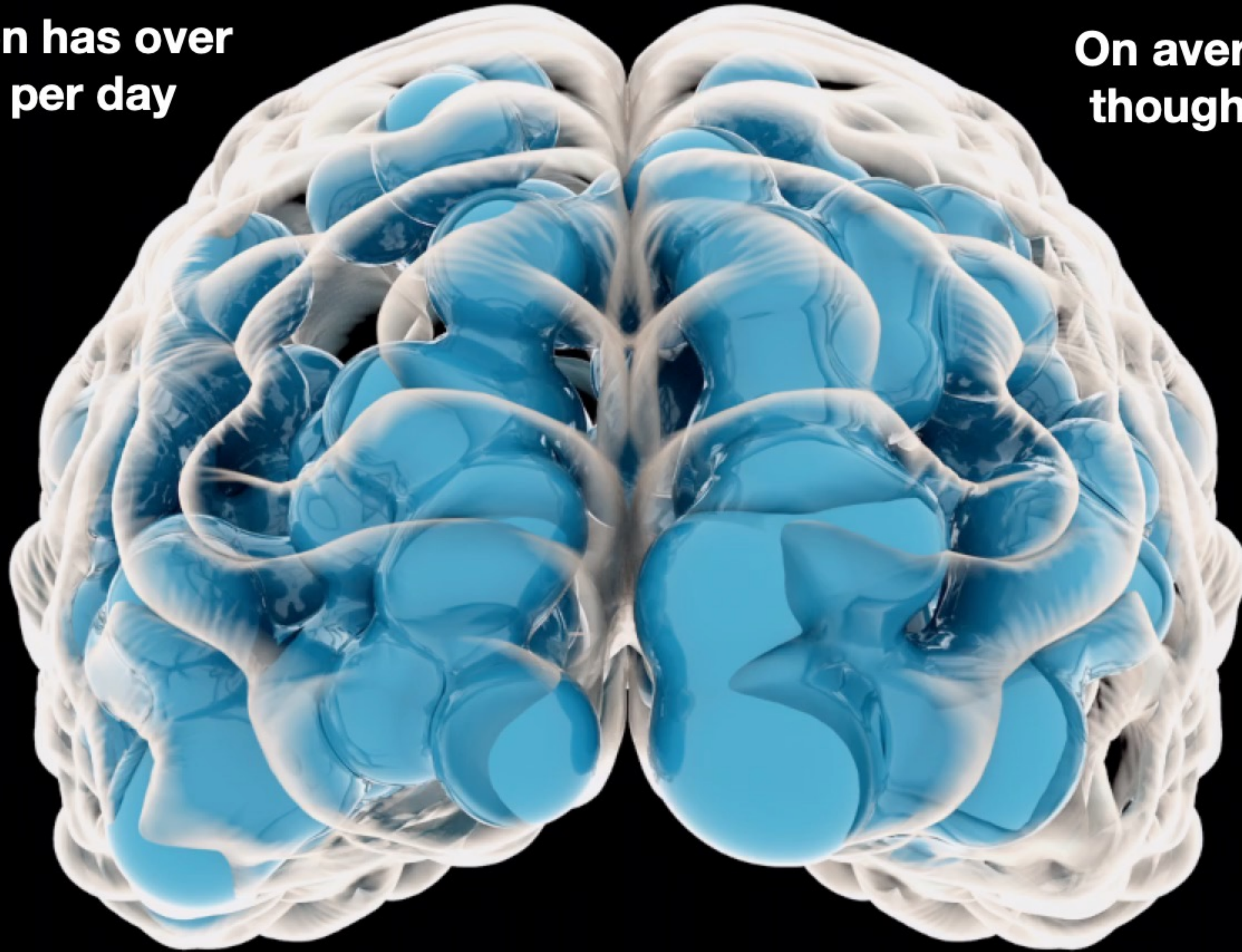
Galatians 5:16-18 (NLT)

⁵Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. ⁶The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. ⁷The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so. ⁸Those who are in the realm of the flesh cannot please God.

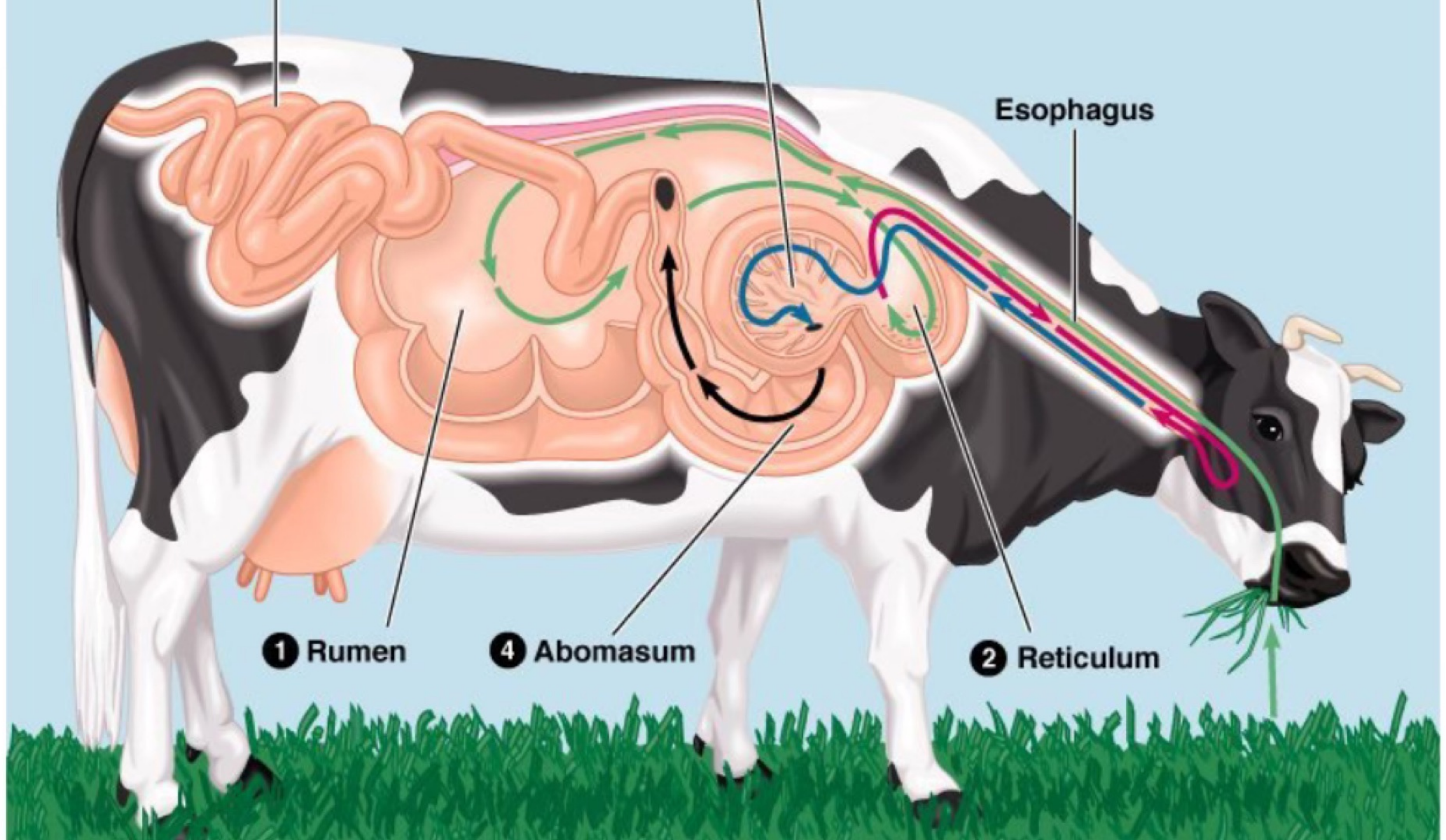
Romans 8:5-8 (NIV)

THE MINDSET OF THE SPIRIT

**The average person has over
70,000 thoughts per day**

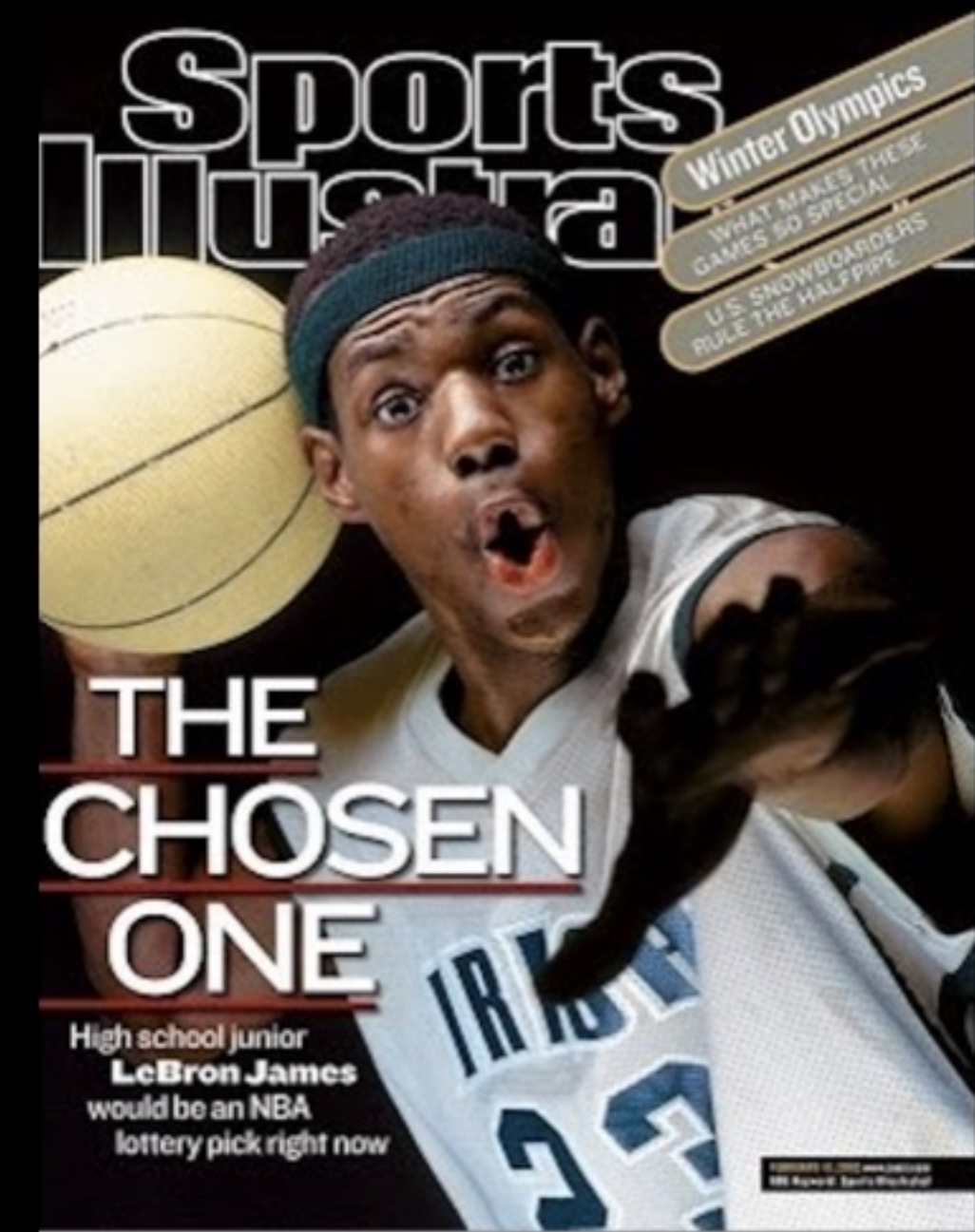


**On average, 75% of those
thoughts are negative or
repetitive**



“Everybody wanted to see me fail
when I got to the league.”

- *LeBron James, after eclipsing 40,000
career points*



**Understand
What's Governing
Your Mindset**

Govern

Originally a nautical term in Greek, to steer or pilot a ship.
To rule with authority, to direct, or be at the helm.

A carnal mind is oriented toward independence, self-effort, and self-protection.

A spiritual mind is oriented toward obedience, trust, and the power of God.

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Romans 12:2 (NIV)

**Pursue the
Mindset of the
Holy Spirit**

⁷The law of the Lord is perfect, refreshing the soul. The statutes of the Lord are trustworthy, making wise the simple. ⁸The precepts of the Lord are right, giving joy to the heart. The commands of the Lord are radiant, giving light to the eyes...¹⁴May these words of my mouth and this meditation of my heart be pleasing in your sight, Lord, my Rock and my Redeemer.

Psalms 19:7-8, 14 (NIV)

A Biblical Mindset Will Give You:

1. Faith That Refreshes You
2. Clarity That Directs You
3. Truth That Makes You Joyful
4. Perspective That Makes You Hopeful