



KEEP US IN STEP

¹Jude, a servant of Jesus Christ and a brother of James, To those who have been called, who are loved in God the Father and kept for Jesus Christ: ²Mercy, peace and love be yours in abundance. ³Dear friends, although I was very eager to write to you about the salvation we share, I felt compelled to write and urge you to contend for the faith that was once for all entrusted to God's holy people. ⁴For certain individuals whose condemnation was written about long ago have secretly slipped in among you.

Jude 1-25 (NIV)

They are ungodly people, who pervert the grace of our God into a license for immorality and deny Jesus Christ our only Sovereign and Lord. ⁵Though you already know all this, I want to remind you that the Lord at one time delivered his people out of Egypt, but later destroyed those who did not believe. ⁶And the angels who did not keep their positions of authority but abandoned their proper dwelling —these he has kept in darkness, bound with everlasting chains for judgment on the great Day.

Jude 1-25 (NIV)

⁷In a similar way, Sodom and Gomorrah and the surrounding towns gave themselves up to sexual immorality and perversion. They serve as an example of those who suffer the punishment of eternal fire.

⁸In the very same way, on the strength of their dreams these ungodly people pollute their own bodies, reject authority and heap abuse on celestial beings. ⁹But even the archangel Michael, when he was disputing with the devil about the body of Moses, did not himself dare to condemn him for slander but said, “The Lord rebuke you!”

Jude 1-25 (NIV)

¹⁰Yet these people slander whatever they do not understand, and the very things they do understand by instinct—as irrational animals do—will destroy them. ¹¹Woe to them! They have taken the way of Cain; they have rushed for profit into Balaam's error; they have been destroyed in Korah's rebellion. ¹²These people are blemishes at your love feasts, eating with you without the slightest qualm—shepherds who feed only themselves. They are clouds without rain, blown along by the wind; autumn trees, without fruit and uprooted—twice dead.

Jude 1-25 (NIV)

¹³They are wild waves of the sea, foaming up their shame; wandering stars, for whom blackest darkness has been reserved forever.

¹⁴Enoch, the seventh from Adam, prophesied about them: “See, the Lord is coming with thousands upon thousands of his holy ones ¹⁵to judge everyone, and to convict all of them of all the ungodly acts they have committed in their ungodliness, and of all the defiant words ungodly sinners have spoken against him.”

Jude 1-25 (NIV)

¹⁶These people are grumblers and faultfinders; they follow their own evil desires; they boast about themselves and flatter others for their own advantage. ¹⁷But, dear friends, remember what the apostles of our Lord Jesus Christ foretold. ¹⁸They said to you, “In the last times there will be scoffers who will follow their own ungodly desires.”

Jude 1-25 (NIV)

¹⁹These are the people who divide you, who follow mere natural instincts and do not have the Spirit. ²⁰But you, dear friends, by building yourselves up in your most holy faith and praying in the Holy Spirit, ²¹keep yourselves in God's love as you wait for the mercy of our Lord Jesus Christ to bring you to eternal life. ²²Be merciful to those who doubt; ²³save others by snatching them from the fire; to others show mercy, mixed with fear—hating even the clothing stained by corrupted flesh.

Jude 1-25 (NIV)

²⁴To him who is able to keep you from stumbling and to present you before his glorious presence without fault and with great joy— ²⁵to the only God our Savior be glory, majesty, power and authority, through Jesus Christ our Lord, before all ages, now and forevermore! Amen.

Jude 1-25 (NIV)

**BUILD IN THE
SPIRIT**

Contend:

To struggle with skill and commitment against an opposing force.



**Build Yourself Up
in the Word**

**The Word of God is Always at the Center of
the Works of God.**

You also, like living stones, are being built into a spiritual house to be a holy priesthood, offering spiritual sacrifices acceptable to God through Jesus Christ.

1 Peter 2:5 (NIV)

Derek Thompson

Author, Journalist, Podcaster

Book: *Hit Makers*

Column: *The Atlantic*

Podcast: *Plain English*



Recorded on *The Bill Simmons Podcast*, February 16, 2024.

Recounting his conversation with Darby Saxbe, Professor of Psychology and Director of NeuroEndocrinology of Social Ties Lab at USC.

One thing you did a podcast on recently was

Pray in the Spirit

“Prayer is a means of establishment. We are kept by God’s power, and God’s power is set a-work by prayer; this is the breath that stays in the fire. Men that neglect prayer find sensible decays . . . No wonder if men grow unsavory, worldly, voluptuous, when they let days go, and weeks go, and God never hears from them.”

Thomas Manton

¹⁴For if I pray in a tongue, my spirit prays, but my mind is unfruitful. ¹⁵So what shall I do? I will pray with my spirit, but I will also pray with my understanding; I will sing with my spirit, but I will also sing with my understanding.

1 Corinthians 14:14-15 (NIV)

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.

Ephesians 6:18 (NIV)

²⁴So Jacob was left alone, and a man wrestled with him till daybreak. ²⁵When the man saw that he could not overpower him, he touched the socket of Jacob's hip so that his hip was wrenched as he wrestled with the man. ²⁶Then the man said, "Let me go, for it is daybreak." But Jacob replied, "I will not let you go unless you bless me." ²⁷The man asked him, "What is your name?" "Jacob," he answered. ²⁸Then the man said, "Your name will no longer be Jacob, but Israel, because you have struggled with God and with humans and have overcome."

Genesis 32:24-28 (NIV)